PRINCIPAL’S REPORT

Welcome:
Many thanks to the parents and students who have gone out of their way in the past few weeks to introduce themselves on my return here to Parklea PS. I am excited to be back and to see our school thriving. To our continuing students and their families, welcome back. To our new students and parents, a very warm welcome. I know that you have all been supportive and helpful to every new family who has arrived in the past and I am sure that you will continue this tradition with our new families.

I have noticed and commented on how quickly students have established school routines. This doesn’t happen without the positive conversations and support of our community before school commences – thank you.

Kindergarten:
Welcome to our newly enrolled kindergarten students and their parents. Thank you for choosing our school to provide the social, academic and personal development for your child as they enter ‘big school’. We are confident that our fantastic kindergarten team of teachers will form positive and lasting partnerships with your child and parents and caregivers. If you have questions, please speak with your child’s class teacher as a first point of contact.

School Routines:
Our school has teachers on duty in the morning from 8.30 am. We encourage students not to arrive at school until after this time. For parents seeking earlier entry for their child/ren, OOSH services are available in the school hall. We seek your support in maintaining the safety of your child/ren by ensuring that students are not arriving at school before 8.30am. If you are having a difficult start to the day and you or your child/ren are running late (from 9.00am), please stop at the office for a late note before going to the classroom. School finishes at 3.00pm. We are seeking parent support to encourage children to go directly home from school. This will avoid the rare but very uneasy situation that occurs when children make their own plans without negotiating/communicating this with their parents.

Issues:
In a school of over 700 students, there will be times when things happen that are not
reported to teachers at school. In every situation, where informed, teachers will investigate incidents that are brought to our attention and we will then communicate this to parents calmly and respectfully.
We seek your support to allow, trust and support teachers to follow these incidents up. I believe that we have a very credible history of resolving issues in a sensitive manner and in line with the school welfare policy. Please do not take matters into your own hands by approaching another student or parent at the school. Your assistance here is greatly appreciated.

Parking in and around the school:
Parking around our school is at times exceptionally hard to find. We have received complaints from local households with some of our community parking in driveways and on nature strips. Please be courteous (sometimes frustrations and time restraints make this difficult) to the neighbours by only parking in allocated parking spaces, or by parking further down the road and having the children walk a short distance to school. Thank you for your patience and consideration with this matter.

P&C Meeting:
Our dedicated and highly supportive P&C meet monthly during school term. A large majority of school improvements to grounds, equipment and resources have come from the generosity and hard work of this small but caring group of parents and caregivers. Attendance at P&C meetings is a great way of meeting community minded people and making new friends. I encourage you to consider attending the next P&C meeting being held on Tuesday 16th February 2016 at 7.00pm in the school staffroom.

FROM THE DESK OF THE DEPUTIES

Meet the Teacher & Welcome BBQ:
Meet The Teacher and Welcome BBQ will be conducted on Tuesday 23rd February, 2016. These short meetings are a great opportunity for you to find out what is happening at Parklea Public School, ask general questions and put some names to faces. During this time, it is not the best opportunity to discuss your own child with the teachers as they are more addressing a whole group of parents. Should you require specific information about your child, please book a meeting with their teacher at an alternate time.

2016 Swimming Carnival:
The 2016 Swimming Carnival will be held at Riverstone Swimming Pool on Monday 15th February. This carnival is for all students in Years 3 – 6, and also for students in Year 2 who are turning 8 years old in 2016.

Notes for this event have already gone home. Please be prompt in returning your notes by no later than Wednesday 10th February, 2016.

It is expected that all eligible students attend this event and represent their sporting houses with great pride.

Primary & Infants Assemblies:
Please be aware that in 2016, both the Primary and the Infants assemblies will be held on Tuesdays from 12:45pm (unless otherwise communicated). Infants assemblies will be held on the odd weeks beginning Tuesday 9th February. Primary assemblies will be held on the even weeks beginning Tuesday 16th February. All parents are welcome to attend these assemblies.

Mr Sutherland (Principal)
Back to school checklist:
Life seems to go from zero to one hundred during the first few weeks of school. We’ve pooled our years of experience to bring you some suggestions to make the rest of the year run more smoothly. Good luck!

- **Check the school has all your contact information** including daytime phone numbers. Have you changed address or phone number since last year? Have you nominated a current emergency contact – someone who would be able to come and collect your child if you weren’t available? After you check with them, supply their details to the school.

- **Medications that are kept at school.** Are they up-to-date with complete, current instructions for use? Have you supplied any ‘consumables’ necessary for administering the medication to your child?

High School Selective Testing:
Selective High School Placement Tests will be held on Thursday the 10th of March 2016. For Year 6 students who wish to apply to sit the Selective High School test, you must apply online. The following are some key dates for you to be aware of:

- **Thursday 10 March 2016 - Selective High School Placement Test**
- **Early July 2016 - Outcome advice**

The following link can be used for further information regarding this process:

Go to the Application link at www.schools.nsw.edu.au/shsplacement and read the instructions carefully. You will register to receive a password and then log in to complete the application and submit it. You will receive a printout of your application with your child’s student number. You must quote this number whenever you make enquiries about your application. If you find you have made a mistake, email the unit to change any information. Do not apply twice for the same student.

Welcome back and here’s to a great year!

Regards,

Mrs Gracie, Mrs Mlinaric & Mr Fisk
(Deputy Principals)
Does your child have a disability?

Is this you? Most of the time, you know you are doing a good job with parenting. But there are times when things get a little tricky. Like when your toddler won’t eat her dinner. Or your six year old won’t share his toys. If only someone could give you some ideas to make those times easier! If this sounds like you, then a Stepping Stones Triple P seminar may be right for you.

As part of the Stepping Stones Triple P Project, Interaction Disability Services invites all parents of children with a disability aged 2 to 12 to attend the following FREE parenting seminar series:

Seminar 1: Positive Parenting for Children with a Disability Tuesday the 12th of April 2016, 10:00am-12:00pm.

Seminar 2: Helping your Child reach their Potential Tuesday the 19th of April 2016, 10:00am-12:00pm.

Seminar 3: Changing Problem Behaviour into Positive Behaviour Tuesday the 26th of April 2016, 10:00am-12:00pm.

Where: Interaction Head Office, B2/11 Hudson Avenue, CASTLE HILL NSW 2154

Please call the TABISS team on 1300 668 123 for further information, or email registration form to tabiss@interactionservices.org to register

Note: As these programs are being funded as part of a research project please also contact the research team to register your interest.
Phone: 02 9114 4060
Email: fhs.Steppingstones@sydney.edu.au

Funded by the National Health and Medical Research Council, Australia
How to get the school stream app on your mobile device

**iPhone / iPad iOS 7.x - 8.x**

1. From your mobile device go to the App Store search for School Stream
2. Tap the FREE button to the right of the School Stream listing
3. Tap the INSTALL button
4. Enter your Apple ID and password & tap OK
5. Wait for the install icon to change to OPEN
6. Tap the OPEN button
7. You will be prompted to accept push notifications, you will need to select OK
8. Start typing Parklea Public School into the search then SELECT Parklea Public School

**Android / Tablet**

1. From your mobile device go to the Play Store search for School Stream
2. Tap the School Stream listing
3. Tap the INSTALL button
4. Tap the ACCEPT button
5. Wait for the app to install then tap the OPEN button
6. Start typing Parklea Public School into the search then SELECT Parklea Public School
7. Tap the DONE button in the top left
Occupational Therapy at Parklea Primary School

What is Occupational Therapy?

Occupational Therapists (OT’s) are one of a team of professionals who work in schools to help enable children to learn to the best of their ability.

OT’s support children in the following areas:

- **Regulation** - Overreaction or withdrawal from sensory input such as touch or movement. Unpredictable behaviour, restless or fussy.

- **Attention and concentration** - Always on the move, short attention span, constantly fidgeting or impulsive. Challenges with organisational skills.

- **Gross motor skills** - this includes being able to participate in sport, core strength, balance, ball skills and coordination.

- **Fine motor skills** - including hand strength, dexterity and manipulation skills.

- **Classroom skills** - includes skills such as using scissors, drawing a recognisable picture, remembering letters and numbers, copying from the board.

- **Handwriting** - including pencil grasp, writing legibility, speed and endurance.

- **Self care skills** - looking after belongings, managing fastenings such as buttons and overall independence.

- **Play and social skills** - playing cooperatively, coming up with good play ideas and making friends.

How to Make a Referral?

Nicole Patterson, one of our experienced Occupational Therapists is at Parklea Public once a fortnight during the school term.

Students usually start with an initial assessment to work out what might be contributing to the challenges they are experiencing in the classroom and/or at home.

We then use an integrated approach to work closely with the student, their family, teacher and other professionals to offer a holistic and current approach to occupational therapy treatment. Treatment at school can be individual or in small groups, depending what would be the best fit for the student.

If you would like your child to see an OT, please discuss your concerns with your child’s teacher then ring us directly to make a referral.

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How to contact us:

All new enquiries T| 02 4739 4401
Nicole Patterson M| 0439 290 006
36 Stanley St, Blacktown NSW 2148
E| admin@ot-for-kids.com.au
SAVE TIME with our ONLINE CANTEEN!

Order from the Parklea Public School canteen ONLINE!

- place lunch orders online up to 4 weeks in advance
- top-up your account online using VISA/MasterCard (or with cash at the canteen)
- online account statements
- list allergies to alert canteen staff during account sales

How do I set up an online account?

It’s quick & easy!

- go to www.munchmonitor.com
- click LOGIN then REGISTER
- enter School ID: pps and p/w: munch2768
- follow the steps to sign up

Follow the easy steps to create your account:

1. Create a Parent Profile
2. Add your Student(s) to your account
3. Click on Account Top-up to transfer money into your account.
4. You’re ready to use your online account!

What does it cost?

This fantastic service is only $2.50 per Family Account per term (irrespective of the number of times you use your account). You can cancel at any time & there are no other fees to use MunchMonitor.

Canteen Counter Purchases using MunchMonitor?

Parklea Public School canteen use MunchMonitor touchscreens at the canteen so you have the option to use a MunchMonitor pre-paid card (or key tag) assigned to your child’s profile allowing them to make purchases over the counter at the canteen without using cash. This is known as ‘Snack Money’ (see their STUDENT PROFILE) where you allocate a Daily or Weekly Allowance for them to make purchases at the canteen. Remember, YOU set the limits for this allowance and you can even ‘ban’ particular food items plus view all transactions in your online Reports.

Your child can collect their key tag from the school canteen (outside of the busy service periods is best) and begin using it immediately.

NOTE: Cards can only be assigned if you have allowed Snack Money for your child (in the STUDENT PROFILE)

If you need more information or assistance with the Account Setup.

Send an email to help@munchmonitor.com or telephone 1300 796 190 (8.00am to 5pm)
We are safe, respectful, learners

NEAT EATS
CANTEEN

Breakfast
* Low fat mini muffins $0.20
* Plain or raisin toast $0.50
* Hash brown $0.50
* Pikellet $0.50
* Yoghurt tub $1.00
* Croissants from $1.20
* Cheese & Bacon roll $2.50
* Mile (wheat) $2.00

Crunch & sip or Yum Yum bags
* Crunchie $1.00
* Fruity $1.00
* Fizzy (sugar free) $1.00
* Italian (sugar free) $1.00
* Neen $1.00
* Cheese & tomato $1.00
* Cheese & cucumber $1.00
* Cheese & carrot $1.00
* Egg & tomato $1.00
* Grape bag (seasonal) $1.00
* Carrot $1.00
* Egg $1.00
* Fruit Kebab $1.00
* Fresh Fruit $1.00
* Neen $1.00
* Fruit Salad (seasonal) $3.00

Snack attack
* Shelley rice $0.40
* Fresh popcorn from $0.50
* Tiny teddy's $1.00
* Ropes $1.00
* Muesli snacks $1.00
* Assorted chips $1.20

Tiger Sandwiches
* Veg jam/cheese spread $1.20
* Cheese $2.50
* Cheese & tomato $3.00
* Egg & curried egg $3.50
* Roast beef $3.00
* Tuna $2.50
* Leg Ham $3.00
* Salad $3.50
* Chicken $3.00
* Chicken, lettuce, mayo $3.80

Wraps
* Salad $3.50
* Ham, cheese, pineapple $4.50
* Ham & salad $4.50
* Chicken, lettuce, mayo $4.50
* Chicken & salad $4.50
* Egg & salad $4.00

Extras
* Extra filling $0.50
* Toasted light cheese $0.50
* Rolls/Wraps $0.50

Sauces
* Tomato, sweet chilli $0.30
* Sweet & sour $0.30
* Sweet chilli sour cream $0.30
* Dressings $0.50
* Mayo $0.30

* Green # Amber

HOME MADE
* Beef lasagne (200gm) $3.50
* Chicken lasagne (200gm) $3.50
* Spag bol (225gm) $3.50
* Chicken & egg pie (225gm) $3.50
* Fried rice (225gm) $3.50
* Macaroni cheese (200gm) $3.50

Hot Rolls
* Chicken $3.50
* Chicken, light cheese $4.00
* Kebab $3.50
* Chicken breast nuggets $3.00
* Chicken tender $2.50

Summer/Spring
* Salad box $3.50
* Chicken/ham extra $1.00
* Tuna salad box $4.00
* Chicken salad box $4.00
* Egg salad box $4.00
* Caesar salad box $3.50

Drinks
* Quench $2.00
* Up/Spa $2.50
* Water long $2.00
* Fizzy (sugar free) $2.00
* 100% juice $1.50
* Plain milk $1.50
* Flavoured milk $2.00

Ice Creams
* Choc cones $0.50
* Juice cup $1.00
* Frozen yoghurt $2.00
* Shad pop $1.60
* Shad pop cup $2.20
* Ice cream $1.50
* Mini Gelato $1.50

SUMMER
* Tomato, sweet chilli $0.30
* Sweet & sour $0.30
* Sweet chilli sour cream $0.30
* Dressings $0.50
* Mayo $0.30

* Hash brown $0.70
* Garlic bread $2.50

Menu (True as at 10/09/2015)

We are safe, respectful, learners
Thank you to all our Silver Sponsors for their continued support!!!